

Walk in The Woods for Parkinson's – September 18, 2022

REGISTRATION/DONATION FORM

1. Make registration checks (\$20 per person) payable to: TAPSG (Torrington Area Parkinson's Support Group). Mail to TAPSG, P.O. Box 521, Torrington, CT 06790.
2. Include additional donor names, emails and amounts on back of form, with check(s) enclosed.
3. Mail completed forms, fees and donations to TAPSG (see above), or bring to registration on walk day.
4. Registrations **received by August 30, 2022** may receive a free t-shirt on walk day. Indicate size below.



WALK Date: Sunday, September 18, 2022

Time: Register at noon; walk at 1:00. (Picnic in the field throughout the day. Clean up your own picnic area.)

Place: White Memorial Conservation Center, 80 Whitehall Road, Litchfield, CT

Information: www.walkforpd.org, www.torringtonparkinsonsupportgroup.com, or call Susan at 860-489-1677.

WALKER INFO

Last Name _____ First Name _____

E-Mail _____ Phone _____

City, State _____ ☐ I am part of a team Team Name/Company: _____

☐ **Registration Fee: \$20.00 per person made out to TAPSG.**

No fee required for children 12 years and younger. All children must have adult supervision.

☐ **If registered by August 30, receive a free T-shirt on walk day.** ✓ Check size ☐ S ☐ M ☐ L ☐ XL ☐ XXL

☐ **Mail forms and fees to TAPSG, P.O. BOX 521, Torrington, CT 06790.**

WAIVER

I agree that I am participating in A Walk in the Woods voluntarily and do so at my own risk. I hereby fully release all parties connected in any way with this event from all claims or lawsuits for any injuries, death, property damage or theft, losses, or any other liability of any kind, arising directly or indirectly out of my participation in this event. I consent to being provided with emergency treatment in the event of my illness or injury during my participation in A Walk in the Woods, and agree not to hold the Fox Foundation or TAPSG responsible for any costs associated with such treatment. I consent to the publication and/or other use of my name, voice, photograph or other likeness without further notice or compensation in any publicity or advertisement carried out by TAPSG in any manner whatsoever, including print, broadcast, or the Internet. By signing below, I confirm that I have carefully read this Release and Consent and fully understand and agree to its contents.

Signature of Participant _____ Signature of guardian if under 18 years of age _____

12:00 Registration

Field Activities; Ticketed Drawings; Silent Auction; Bake Sale

1:00 Walk, water and snack (complimentary)

2:00 Announcements/ Prizes

2:45 Clean Up

3:30 Empty Field, many thanks

Donation Form for Family and Friends

WALKER INFO

Last Name _____ First Name _____

Please bring this form along with all donations to the event, or mail to TAPSG, PO Box 521, Torrington, CT 06790.

Name	Donation
	\$
	<input type="checkbox"/> Cash <input type="checkbox"/> Check
	\$
	<input type="checkbox"/> Cash <input type="checkbox"/> Check
	\$
	<input type="checkbox"/> Cash <input type="checkbox"/> Check
	\$
	<input type="checkbox"/> Cash <input type="checkbox"/> Check
	\$
	<input type="checkbox"/> Cash <input type="checkbox"/> Check
	\$
	<input type="checkbox"/> Cash <input type="checkbox"/> Check
	\$
	<input type="checkbox"/> Cash <input type="checkbox"/> Check

10 Early Signs of Parkinson's Disease

- Tremor
- Small Handwriting
- Loss of Smell
- Trouble Sleeping
- Trouble Moving or Walking
- Constipation
- A Soft or Low Voice
- Masked Face
- Dizziness or Fainting
- Stooping or Hunching Over

TAPSG
Torrington Area Parkinson's Support Group
185 E. Elm St. #521
Torrington, CT 06790-0521

“A Walk in the Woods for Parkinson's”

May 2022

Dear

The Torrington Area Parkinson's Support Group is excited to host its 11th *WALK IN THE WOODS FOR PARKINSON'S* on Sunday, September 18, 2022 at White Memorial Conservation Center in Litchfield, CT to raise funds to support area people with Parkinson's. Join us as we celebrate more than a decade of walking together to fight Parkinson's disease.

TAPSG brings together people with PD, their care partners, area professionals and related agencies to provide education, exercise and resources to the PD community. Parkinson's disease currently affects over one million people in our country, and one in 100 people over the age of 60.

In the last ten years, participants have supported two important causes: the Michael J. Fox Foundation for Parkinson's Research, and an exercise program for local citizens with PD, which has an annual cost of approximately \$20,000. Exercise is the only thing known to slow disease progression; there is no cure and no symptom reversal. We ask for your support to expand our opportunities to make a difference in the lives of area people with Parkinson's.

Please support the *WALK IN THE WOODS FOR PARKINSON'S*:

1. Become a corporate sponsor with the following benefits:

PLATINUM (\$1000) Logo on monthly meeting notices, business name on t-shirts, website, and event board

GOLD (\$500) – business name on t-shirts, website, and event board

SILVER (\$250) – website recognition and event board

BRONZE (\$100) – event board recognition

Must be received by August 30 to have logos placed on t-shirts. Checks may be made payable to TAPSG, PO Box 521, Torrington, CT 06790.

2. Sponsor a team. Free t-shirts if registrations are received by August 30.

3. Provide in-kind support of a product or service.

4. A donation of any size to support our work.

We are grateful for your support of our 11th Annual *Walk in the Woods for Parkinson's*. If you have any questions, please call Sue at 860-489-1677. Thank you.

Sincerely,

Susan G. Pelchat
TAPSG President